

June 2017

Childcare

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>V = Vegetarian Entrée Options</p> <p>Milk Served with Lunch Daily</p> <p>*Steamed Vegetable Substitute for Toddler</p>			<p>1 Whole Grain Chicken Nuggets OR: Boca Nuggets WITH: Barbeque Sauce Creamy Mashed Potatoes Diced Peaches</p>	<p>2 Turkey Cheeseburger Mac OR: Cheesy Shell Pasta WITH: Soft Breadstick Fresh Cut Green Beans Citrus Smiles</p>
<p>5 Creamy Chicken Alfredo Pasta featuring Local Springer Mountain All Natural Chicken OR: Creamy Alfredo Pasta Green Peas Diced Pears</p>	<p>6 Crispy Chicken Sandwich OR: Black Bean Sandwich WITH: Wheat Bun Honey Mustard Fresh Cut Green Beans Mandarin Oranges</p>	<p>7 Twist & Shout Mac 'n Cheese WITH: Whole Wheat Roll Vegetable Medley Fresh Sliced Apples *Applesauce</p>	<p>8 Topsy Turvy Breakfast for Lunch!! Whole Grain French Toast Sticks WITH: Turkey Sausage OR: Vegetarian Sausage Waffle Syrup Applesauce Banana Half</p>	<p>9 Pizza Day Whole Wheat Cheese Pizza WITH: Baby Carrots with Ranch Dip Pineapple Tidbits *Diced Carrots</p>
<p>12 Whole Grain Chicken Strips OR: Spring Roll Sticks WITH: House-made Honey Mustard Sauce Fresh Broccoli with Ranch Dip Diced Peaches *Diced Carrots</p>	<p>13 Chicken and Bowtie Butter Pasta OR: Roasted Veggie Sticks WITH: Mixed Vegetables NEW! Fresh Cut Watermelon</p>	<p>14 All American Hamburger OR: Gardenburger WITH: Wheat Bun Ketchup Sliced American Cheese Creamy Mashed Potatoes Mandarin Oranges</p>	<p>15 Savory Turkey Meatballs OR: Meatless Meatballs IN: Marinara Sauce WITH: Spaghetti Garden Salad with Italian Dressing* Diced Pears *Green Peas</p>	<p>16 Oven Roasted Chicken OR: Eggplant with Cheese WITH: Lemon Herb Rice Green Lima Beans IT'S BACK! Strawberry Applesauce</p>
<p>19 Turkey Cheeseburger Mac OR: Cheesy Shell Pasta WITH: Soft Breadstick Green Peas Mandarin Oranges</p>	<p>20 NEW! Pimento Cheese Sandwich WITH: Celery Sticks with Ranch Dip Citrus Smiles *Mixed Vegetables</p>	<p>21 Spaghetti in a Savory Turkey Meat Sauce OR: Spaghetti with Garden Vegetables in Herb Sauce WITH: Mozzarella Cheese Shreds Whole Wheat Roll Diced Carrots Diced Pears</p>	<p>22 BBQ Pulled Chicken Sandwich OR: Black Bean Bites WITH: Wheat Bun Slow Cooked Baked Beans Diced Peaches</p>	<p>23 Chicken Quesadilla featuring Local Springer Mountain All Natural Chicken OR: Bean and Cheese Quesadilla WITH: Freshly Made Mild Salsa Mexicali Rice Steamed Corn Tropical Fruit</p>
<p>26 American Hamburger Skillet OR: American Garden Skillet with Cheese WITH: Garden Salad with Italian Dressing Diced Pears *Diced Carrots</p>	<p>27 NEW! Picnic Style Chicken Salad Sandwich OR: Soybutter and Jelly EZ Jammers WITH: Baby Carrots with Ranch Dip Fresh Strawberries *Green Peas</p>	<p>28 Fiesta Chicken Soft Taco OR: Bean and Cheese Burrito WITH: Shredded Cheddar Cheese Sweet Yellow Corn Mandarin Oranges</p>	<p>29 Mama Mia Marinara Turkey Meatball Sub OR: Meatless Meatball Sub WITH: Sliced Cheese Diced Carrots Fruit Yogurt Cup</p>	<p>30 Under-the-sea-Whole Wheat Fish Nuggets OR: Roasted Veggie Sticks WITH: Homemade Tartar Sauce Whole Wheat Roll Vegetable Medley Diced Peaches</p>



ChefAdvantage is committed to Healthy, Nutritious & Delicious Meals. Locally sourced ingredients included whenever possible. No High Fructose Corn Syrup, Trans Fats, Artificial Sweeteners, or MSG are used in our recipes.



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<p>V = Vegetarian Entrée Options</p> <p>Milk Served with Lunch Daily</p> <p>*Steamed Vegetable Substitute for Toddler</p>			<p>1 Chicken Nuggets Soy, Milk, Egg, Wheat BBQ Sauce None Mashed Potatoes Soy Peaches None</p> <p>Boca Nuggets Soy, Wheat</p>	<p>2 Cheeseburger Mac** Wheat, Milk Breadstick Wheat Green Beans None Oranges None</p> <p>Cheesy Shells Wheat, Milk</p>
<p>5 Chicken Alfredo** Milk, Wheat Peas None Diced Pears None</p> <p>Alfredo Pasta Wheat, Milk, Soy</p>	<p>6 Chicken Soy, Wheat, Egg Bun Wheat Honey Mustard Egg Green Beans None Oranges None</p> <p>Black Bean Sandwich Soy, Wheat, Milk</p>	<p>7 Pasta** Wheat, Milk Roll Wheat Mixed Vegetables None Apples None</p> <p>*Applesauce None</p>	<p>8 French Toast Soy, Wheat, Milk, Egg Syrup None Turkey Sausage None Applesauce None Banana None</p> <p>Vegetarian Sausage Soy, Wheat, Milk, Egg</p>	<p>9 Cheese Pizza Soy, Wheat, Milk Baby Carrots None Ranch Dip Milk, Egg Pineapple None</p> <p>*Diced Carrots None</p>
<p>12 Chicken Strips Soy, Wheat, Egg, Milk Honey Mustard Egg Broccoli None Ranch Dressing None</p> <p>Peaches Milk, Egg None</p> <p>Spring Roll Sticks Soy, Wheat, Milk, Egg *Diced Carrots None</p>	<p>13 Bowtie Pasta Soy, Wheat Mixed Vegetables None Watermelon None</p> <p>Roasted Veggie Sticks Soy, Wheat, Milk, Egg</p>	<p>14 Hamburger Soy Bun Wheat Cheese Soy, Milk Mashed Potatoes Soy Oranges None</p> <p>Gardenburger Soy, Wheat, Milk</p>	<p>15 Turkey Meatballs Soy, Wheat, Milk, Egg Spaghetti Soy, Wheat Garden Salad None Italian Dressing None Diced Pears None</p> <p>Meatless Meatballs Wheat, Milk, Egg *Peas None</p>	<p>16 Roasted Chicken Soy Lemon Rice Soy Lima Beans None Strawberry Applesauce None</p> <p>Eggplant w/ Cheese Soy, Wheat, Milk</p>
<p>19 Cheeseburger Mac** Wheat, Milk Breadstick Wheat Green Peas None Oranges None</p> <p>Cheesy Shells Wheat, Milk</p>	<p>20 Pimento Cheese Egg, Milk, Wheat Celery Sticks None Ranch Dip Milk, Egg Oranges None</p> <p>*Mixed Vegetables None</p>	<p>21 Spaghetti** Wheat Mozzarella Cheese Milk Roll Wheat Carrots None Pears None</p> <p>Spaghetti w/ Cheese Milk, Wheat</p>	<p>22 Pulled Chicken Wheat Baked Beans None Peaches None</p> <p>Black Bean Bites Soy, Wheat, Milk</p>	<p>23 Chicken Quesadilla Milk, Wheat Salsa None Rice Milk Corn None Tropical Fruit None</p> <p>Bean & Cheese Quesadilla Wheat, Milk, Soy</p>
<p>26 Hamburger Skillet** Wheat Breadstick Wheat Garden Salad None Italian Dressing None Diced Pears None</p> <p>Garden Skillet Wheat, Milk *Diced Carrots None</p>	<p>27 Chicken Sandwich Wheat, Egg, Milk Baby Carrots None Ranch Dip Milk, Egg Strawberries None</p> <p>EZ Jammers Soy, Wheat, Milk *Peas None</p>	<p>28 Soft Taco Wheat Cheddar Cheese Milk Corn None Oranges None</p> <p>Bean and Cheese Burrito Wheat, Milk, Soy</p>	<p>29 Turkey Meatballs Soy, Wheat, Milk, Egg Bun Wheat Cheese Soy, Milk Carrots None Yogurt Cup Milk</p> <p>Meatless Meatball Sub Wheat, Milk, Egg</p>	<p>30 Fish Nuggets Wheat, Fish, Milk, Soy Tartar Sauce None</p> <p>Roll Soy, Egg, Fish Mixed Vegetables Wheat Peaches None None</p> <p>Veggie Sticks Soy, Wheat, Milk, Egg</p>



****All Pasta Products are Processed in a Facility that Uses Egg****

This list is comprised of the most common allergens we chart, including eggs, soy product, wheat, and milk. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

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